

Gold Country Jiu Jitsu

Student Name: _____ Date of Birth: _____

Parent Name (if student is under 18): _____

Address: _____ City: _____ Zip: _____

Primary Phone: _____ Secondary Phone: _____

Email: _____ Employer: _____

I, the undersigned, acknowledge that I am in good health and verify that I am voluntarily choosing to participate in all activities at Gold Country Jiu Jitsu at my own risk. I understand that it is my responsibility to consult a physician prior to participating in any martial arts activities at Gold Country Jiu Jitsu. I certify that I am responsible for knowledge of my own state of health and agree to only participate in activities that are permitted by my physician based on my health. If I have a change in health I agree to immediately notify my instructor at Gold Country Jiu Jitsu and I will modify my martial arts training as needed to take into account any and all limitations.

I fully understand and recognize that participating in martial arts training involves risk of serious injury. I hereby assume all risk of injury, damage, illness, death, or other loss that may occur at Gold Country Jiu Jitsu. I release Gold Country Jiu Jitsu, owners, employees, agents, sponsors, and landlords from all liability, claims, and causes of actions from injuries, illness, death, damages, or loss that may occur in any activities utilizing the facilities and property of Gold Country Jiu Jitsu based on my voluntary participation, other than grossly negligent or willful acts on the part of Gold Country Jiu Jitsu. I understand and release Gold Country Jiu Jitsu from liability for the loss or theft of personal property brought to or left in the Gold Country Jiu Jitsu martial arts academy.

I also understand that this release extends to any minors or dependents for which I am responsible.

I agree to notify Gold Country Jiu Jitsu regarding any noticeable damage and/or problems with any equipment and property at the facility. I will not use any damaged equipment or property that could result in injuries to others or myself at Gold Country Jiu Jitsu. Furthermore, I agree to comply completely with any requests and/or instructions that are made by Gold Country Jiu Jitsu Instructors.

I hereby affirm that I have read and fully understand the above statements and rules and I accept full responsibility for failure to abide by these statements and rules.

Signature: _____ Date: _____

Print Name: _____